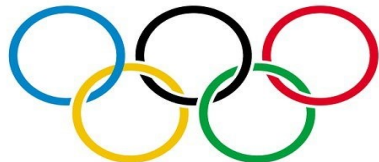


Ancient and Modern Olympics

Year 4 Knowledge Organiser

Key facts

- The first recorded Olympic games were held in Olympia, in Ancient Greece in 776 BC.
- They were held every four years in honour of the Greek God Zeus.
- In Ancient Greece, athletes ran barefoot and wore no clothes. Now athletes now wear special shoes and specially designed clothes
- There were only 10 sports in the Ancient Olympic games. In modern times, there are now more than 20 sports.
- In Ancient Greece, women were not allowed to watch or take part in the games.
- To symbolise the Ancient Olympics, the torch is now carried round the host country.
- The Olympic logo is made up of 5 rings in the colours represented on the flags of the world.
- London has hosted the Olympics three times
- The Olympic games have only been cancelled 4 times. In 1916 due to the First World War, 1940 and 1944 due to the Second World War and in 2020 due to the Corona Virus.



Key Vocabulary

athlete	A person who is well trained in a sport
discus	A metal disc with a diameter of 22cm, weighing 2 kg for men and 1 kg for women.
marathon	Inspired by the legend of an Ancient Greek messenger who raced from the site of Marathon to Athens, it is a distance of about 40 km, or nearly 25 miles
Olympics	International sporting events featuring summer and winter sports competitions.
Paralympics	A periodic series of international multisport events involving athletes with a range of disabilities
pentathlon	A 5 sport event of fencing, swimming, show jumping, pistol shooting and cross country running.
spectator	A person who watches Sporting competitions.
torch	A flame that is a symbol of the Olympic movement and is carried by people.

