

Year 2 DT - cooking unit: bread making

In Design & Technology, you will learn how to cook and apply the principles of nutrition and healthy eating. Key skills: I can use the basic principles of a healthy and varied diet to prepare dishes. I understand where food comes from.

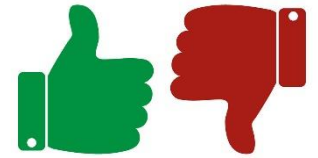


Design A design is a plan or drawing of something that you plan to make. Key skills: I can cut and prepare food safely and hygienically. I can use my own ideas to make something. I can choose appropriate resources and tools. I can choose ingredients that form part of a healthy diet.



Evaluate

Reflect and evaluate your end product against your design criteria. Key skills: I can explain what went well with my work.



Vocabulary:

Knead

Weigh

Mix

Cook

Measure

Healthy eating