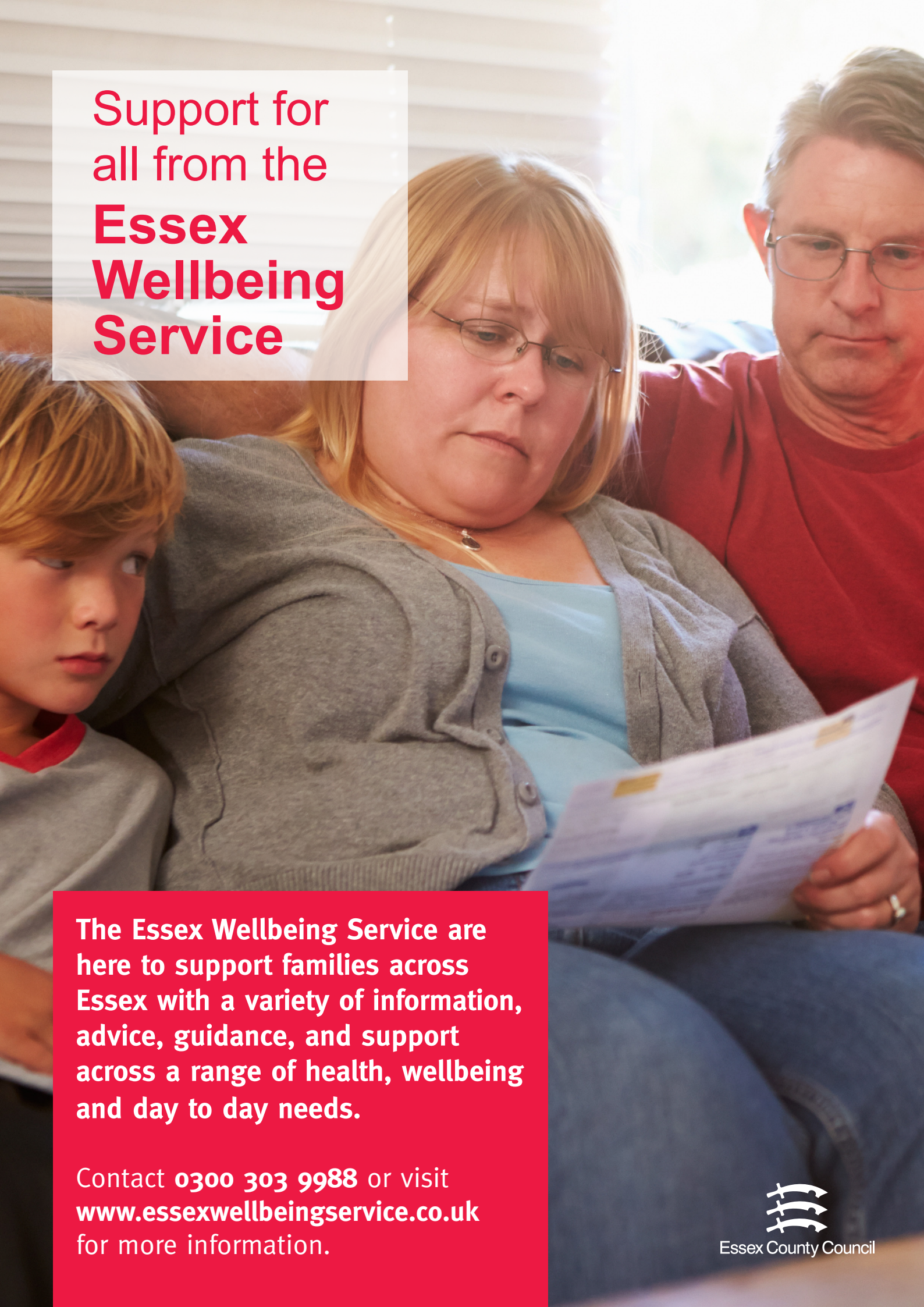

Support for all from the **Essex Wellbeing Service**

The Essex Wellbeing Service are here to support families across Essex with a variety of information, advice, guidance, and support across a range of health, wellbeing and day to day needs.

Contact **0300 303 9988** or visit **www.essexwellbeingservice.co.uk** for more information.

Essex County Council