

PRAYER ACTIVITY



Love > Fear

● Equipment

Paper, pens, love-heart shapes or love-heart Post-it notes

● Set up

You could do this activity at a table, maybe with your family. Or in your bedroom

● Instructions

Fear can feel HUGE and overwhelming. If you want to, you can write your fears about the coronavirus disease onto a piece of paper.

But then, you can stick love-heart shapes on top of those fears, completely covering them, as a hope or a prayer to be set free from fear.

1 John 4:18 *'There is no fear in love, but perfect love casts out fear.'*