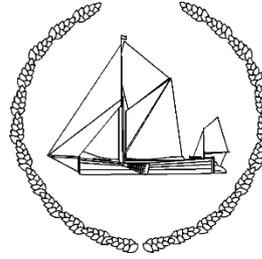


Rolph C of E Primary School and Nursery

Newsletter 26th February 2021



Dear Parents and Carers,

Today when I asked the children in school how they felt about everyone returning to school in a week's time, the unanimous response was a huge thumbs up and smiles all round. The sparks of happiness that were clear to see, sum up just how important school life is for children. One child said that they wanted to see their friends, "not just on a screen". I think many of us have screen fatigue and share that sentiment.

Outside at lunchtime today the sun was shining and the children were playing a variety of games, chatting with friends and the Year 2 children explained their creative game to me, which involved mermaid-werewolf creatures and kittens! Children's imaginations are amazing!

Next week the World Book Day activities will provide an extra focus on the power of reading.

Information about the arrangements for the reopening of the school on 8th March has been shared with you today in a separate communication. Any additional updates will be provided to you in the lead up to 8th March. Everyone at Rolph appreciates your patience and support during the school closure and we look forward to welcoming the children back.

Warm wishes for the weekend ahead,

Ms Bickersteth

Acting Headteacher



STARS OF THE WEEK



Reception	Rowan, Molly
Year 1	Sienna-Rose, Harriet
Year 2	Edward, Oliver
Year 3	Joe, Charlie G.
Year 4	Millie, Vincent
Year 5	Wilfred, Lily R.
Year 6	Summer, Oscar H.

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Hope

Mark 16:6 -7

Attached to the newsletter is an idea for a prayer space activity which focuses on hope and prayer as a way to think about situations that we wish to change or things we hope to be able to do. If you have created a prayer space using any of the ideas shared in the newsletters, it would be great to see pictures of them, if you wish to send them in.

Below is a link to a Church of England 'Faith at Home' worship:

<https://www.churchofengland.org/our-faith/faith-home/faith-home-videos/collective-worship-primary-schools-lent-s3e2>



CORONAVIRUS (COVID-19)

Whilst Rolph remains open to children of critical workers and vulnerable children, national lockdown guidance is that parents and carers should keep their children at home if they can.

What to do if your child is displaying coronavirus (COVID-19) symptoms.

Anyone who has coronavirus (COVID-19) symptoms, such as a raised temperature, a new continuous cough, or a loss of or change to their sense of smell or taste, should stay at home and self-isolate immediately. They should not attend an out-of-school setting. They should follow the guidance for households with possible coronavirus (COVID-19) infection.

The full guidance is available via this link: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

If you have a positive test result but do not have symptoms, stay at home and self-isolate as soon as you receive the results. Your household needs to isolate too.

ONLINE SAFETY

It is essential that you and your children remain aware of how to stay safe online and there are some links to useful websites below:

<https://www.ceop.police.uk/safety-centre/>

Thinkuknow website has many useful resources to help you support online safety:

<https://www.thinkuknow.co.uk/parents/>

UK Safer Internet Centre:

<https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2021/safer-internet-day-2021-top-tips>

WELLBEING: SUPPORT FOR FAMILIES



To support parents and carers during the coronavirus outbreak, the Anna Freud Centre have hand-picked a selection of quality-assured, free resources to advise on supporting children and young people during the Coronavirus epidemic.

[Download a copy here](#)

The link below takes you to the government's guidance for parents and carers on supporting children and young people's mental health and wellbeing during the Covid-19 outbreak.

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>

Livewell Essex

The Livewell campaign is designed to engage communities, families and individuals with the aim of providing information about all that is on offer in Essex to improve health and wellbeing. You can visit their website for help and advice on numerous topics.

[See their advice on Healthy Relationships - We All Have Arguments - How Do You Solve Yours?](#)

PE DAYS

Please can the children come to school in their PE kits every Wednesday, from 10th March, for their session with Colchester United. Additional PE days will be confirmed by the class teachers next week.

REMINDERS

If your child is ill or if you discover, on the morning they are due to attend, that provision is no longer required, please report this to the school office in the normal way.

School dinners can be booked for those attending school via SchoolMoney. Each week's dinners will be available to book from the previous Wednesday. There may be slight changes to the menu each week, so please check the options available for each day.

DATES FOR YOUR DIARY

March

4th - World Book Day

15th - Let's Count Census Activity Day

17th & 18th - Parent Consultation Evenings

19th - Red Nose Day

26th - Last Day of the Spring Term

April

12th - First day of the Summer Term

May

3rd May - May Day

31st - 4th June - Half Term