

Rolph C of E Primary School and Nursery

Newsletter 12th February 2021

Dear Parents and Carers,

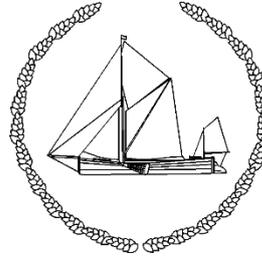
Thank you so much to the entire Rolph community for all that you have done during this half-term. People have had to contend with different personal challenges. Everyone at Rolph looks forward to welcoming the children back to school, once the country gets through this current situation.

I hope that over half-term there is time for you all to have some rest.

Wishing you a safe half-term,

Ms Bickersteth

Acting Headteacher



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John 7:37: *'On the last day of the feast, the great day, Jesus stood up and cried out, "If anyone thirsts, let him come to me and drink."*

This year, February 16th is the final day before the 40-day period of Lent begins. The word *shrove* is a form of the English word *shrive*, which means to obtain absolution for one's sins by way of confession and doing penance. It is a time when Christians reflect and prepare for the celebrations of Easter. Some people eat frugally or give up treats, following the example of Jesus, who fasted for forty days in the wilderness.

Depending upon which country you live in, the day before Ash Wednesday will be known as either Shrove Tuesday or Mardi Gras. Different countries also have different ways of marking the event, some people eat pancakes and some hold street carnivals during Mardi Gras.



HOUSE TEAM COMPETITION

Could you help lead your house team to victory this term?

Take part in our inter-house photography competition and be in with the chance of winning house points for your team and to be featured in our online gallery.

Head over to Microsoft Teams and find the assignment titled 'LOVE PHOTOGRAPHY COMPETITION' to submit your entry.

Please ensure you submit photographs by 12pm on Wednesday 24th February. If you have any further questions, please contact your class teacher.



STARS OF THE WEEK



Reception	Cooper, Scarlett
Year 1	Liam, Annabelle
Year 2	Joe, Matthew D.
Year 3	Archie, Ronnie C.
Year 4	Toula, Noah
Year 5	Kyron, Lewis H.
Year 6	Scarlett, Zac H.



CORONAVIRUS (COVID-19)

Whilst Rolph remains open to children of critical workers and vulnerable children, national lockdown guidance is that parents and carers should keep their children at home if they can.

What to do if your child is displaying coronavirus (COVID-19) symptoms.

Anyone who has coronavirus (COVID-19) symptoms, such as a raised temperature, a new continuous cough, or a loss of or change to their sense of smell or taste, should stay at home and self-isolate immediately. They should not attend an out-of-school setting. They should follow the guidance for households with possible coronavirus (COVID-19) infection.

The full guidance is available via this link: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

If you have a positive test result but do not have symptoms, stay at home and self-isolate as soon as you receive the results. Your household needs to isolate too.

ONLINE SAFETY

It is essential that you and your children remain aware of how to stay safe online and there are some links to useful websites below:

<https://www.ceop.police.uk/safety-centre/>

Thinkuknow website has many useful resources to help you support online safety:

<https://www.thinkuknow.co.uk/parents/>

UK Safer Internet Centre:

<https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2021/safer-internet-day-2021-top-tips>

WELLBEING: SUPPORT FOR FAMILIES



To support parents and carers during the coronavirus outbreak, the Anna Freud Centre have hand-picked a selection of quality-assured, free

resources to advise on supporting children and young people during the Coronavirus epidemic.

[Download a copy here](#)

The link below takes you to the government's guidance for parents and carers on supporting children and young people's mental health and wellbeing during the Covid-19 outbreak.

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>

Livewell Essex

The Livewell campaign is designed to engage communities, families and individuals with the aim of providing information about all that is on offer in Essex to improve health and wellbeing. You can visit their website for help and advice on numerous topics.

[See their advice on Healthy Relationships - We All Have Arguments - How Do You Solve Yours?](#)

REMINDERS

If your child is ill or if you discover, on the morning they are due to attend, that provision is no longer required, please report this to the school office in the normal way.

School dinners can be booked for those attending school via SchoolMoney. Each week's dinners will be available to book from the previous Wednesday. There may be slight changes to the menu each week, so please check the options available for each day.

DATES FOR YOUR DIARY

February

15th - 19th - Half Term

March

4th - World Book Day

8th - 12th - Let's Count Census Activity

17th & 18th - Parent Consultation Evenings

19th - Red Nose Day

26th - Last Day of the Spring Term

April

12th - First day of the Summer Term

May

3rd May - May Day