

**Rolph C of E Primary School and Nursery
Newsletter
Friday 20th November 2020**



Whilst we all think ahead to what the next few weeks may bring, as Advent approaches, here at Rolph everyone is working hard on our daily teaching and learning, but we are also planning seasonal activities for the children to enjoy.

This week's newsletter includes some links to useful resources to help support everyone's mental health and wellbeing and online safety; this is important at all times, but especially when there are additional pressures with the current pandemic affecting everyone in different ways.

I hope you have a lovely weekend,

*Ms. Bickersteth
Acting Headteacher*



SCHOOL WORSHIP

Theme: Gratitude - What are we thankful for? How can we show our gratitude?

"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you."
Thessalonians 5:18

Value: Love

Research clearly shows that acts of kindness can help improve emotional wellbeing. This is true whether we are giving or receiving it. "Kindness unlocks our shared humanity and is central for our mental health. It has the potential to bring us together with benefits for everyone, particularly at times of great stress" (Mental Health Foundation). Of course, children are no exception and can really benefit from joining in with those little acts of kindness.

HOUSE POINTS RESULTS

This Week's Totals	
Earth	162
Air	139
Water	141
Fire	138

Congratulations to Earth who were the winners this week.

ACCELERATED READER

Key Stage Two have been enthusiastically reading and completing quizzes on the books they have read, to check their understanding. Congratulations to **Year 4** who scored the most points this week. Every child who passes their quiz and achieves 100% each week, will receive a certificate to celebrate this.

ATTENDANCE

The figures below are based on attendance between Friday 13th November and Thursday 19th November.

Class	Attendance (%)
R	90.48
1	99.13
2	97.95
3	99.65
4	99.06
5	89.69
6	84.30
Total	94.64

A reminder that the national expectation for school attendance is 96%. Currently our whole school attendance for the year to date is 94.54% which is below the national expectation.

SHARING OUR LEARNING

Year 1

In maths this week, continuing our number bonds topic from last week, we have been looking at 'Systematic Number Bonds' and finding patterns. The children did brilliantly with this and enjoyed finding and spotting the patterns. They used ten frames and counters to help them add numbers as well as bead strings and numicon to help understand our learning practically too. As the children were getting on so well with this topic, we tried some problem solving and the children were able to understand how to use their problem-solving skills and reach the correct solution.

LO: To find systematic number bonds within 10.

16.11.20

Annabelle

6 + 0 = 6

5 + 1 = 6

4 + 2 = 6

3 + 3 = 6

2 + 4 = 6

1 + 5 = 6

0 + 6 = 6

LO: To find number bonds within 10.

Solve the number sentences and match the equal number bonds.

$3 + 1 = 4$

$3 + 4 = 7$

$5 + 2 = 7$

$3 + 3 = 6$

$2 + 4 = 6$

$4 + 0 = 4$

$2 + 3 = 5$

$3 + 0 = 3$

$2 + 1 = 3$

$1 + 4 = 5$

$4 + 5 = 9$

$3 + 6 = 9$

$5 + 4 = 9$

$3 + 5 = 8$

$2 + 6 = 8$

$1 + 8 = 9$

$0 + 7 = 7$

$6 + 1 = 7$

$1 + 0 = 1$

$2 + 0 = 2$

$5 + 5 = 10$

$0 + 1 = 1$

$1 + 1 = 2$

$9 + 1 = 10$

Problem Solving

Jason found the following bonds to 5.

$1 + 4 = 5$ $3 + 2 = 5$ $5 + 0 = 5$

If Jason worked systematically, what order would they be in?

Has Jason missed any bonds?

1+3
1+4
2+3

Year 5

In History, Year 5 have been looking at the difference between the lives of the people of Sparta and Athens. After some research, they acted out a talk show, interviewing the inhabitants and asking about the differences in their lives. The answers ranged from learning about the arts and philosophy, to throwing ill babies off cliffs if they thought they were not good enough to be warriors!



SCHOOL COUNCIL NEWS

UK Parliament Week - On 11th November, Rolph school council members from Years 5 and 6 created a video chat show to discuss how the government has dealt with the current Covid19 pandemic. Year 6 argued both for and against the lockdown rules, social distancing and mask wearing. Year 5 took on a different stance and took their discussion overseas to create a video on how they thought Trump and Biden might argue about the current pandemic situation. The videos were broadcast to all the children in KS2 this week.



CHILDREN IN NEED

The total amount raised for Children in Need was £174.21. Thank you to everyone for your generous donations.



WELLBEING



Online Safety

<https://www.ceop.police.uk/safety-centre/>

Thinkuknow website has many useful resources to help you support online safety:

<https://www.thinkuknow.co.uk/parents/>

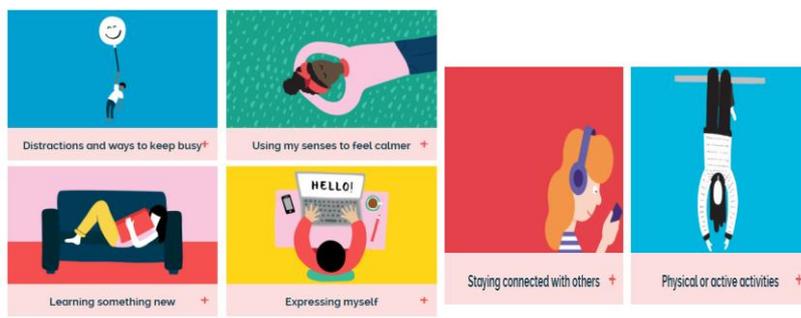
Activities for children and families:

<https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/>

Mental Health and Wellbeing

<https://youngminds.org.uk/find-help/for-parents/> Tips, advice and where to get support for your child's mental health during the coronavirus (COVID-19) pandemic.

<https://www.childline.org.uk/toolbox/coping-kit/> When you're feeling low or overwhelmed, it can be hard to know how to cope. But distracting yourself or doing something positive can really help. Even doing just one positive thing every day can help to improve your mood. Not sure what you want to do today? Use our tool to help.



ANTI-RACISM

Rolph will be working with the Colchester United FITC Primary Stars Programme, which is supporting the Premier League's **#NoRoomForRacism** message to young people throughout our communities. Sessions will consist of sharing the meaning of discrimination and its forms experienced by people through videos and tasks for the children to complete to reflect on the topic. This will be followed by a live Q&A with a member of the Colchester United First team Squad, providing children the opportunity to ask questions and start discussion. The sessions will take place virtually over the next few weeks.

Author Tiffany Jewell discusses her book, This Book is Anti-Racist, with BookTrust, which aims to educate and empower children about racism and help them to feel confident to speak out against it. The article also offers a good starting point to introduce the idea of anti-racism to children.

<https://www.artsmark.org.uk/blog/anti-racism-resources-children-and-young-people>



Book lists which include a wide range of books including characters who are reflective of all of us, can be found here:

<https://www.bameednetwork.com/wp-content/uploads/2020/10/Books-for-children.pdf>



RECEPTION PLACES FOR SEPTEMBER 2021

As you may be aware, the new primary school admission round is now open for parents of pre-school children to apply for a primary school (Reception) places for September 2021. The statutory national closing date for applications is 15th January 2021. Applications can be made online via www.essex.gov.uk/admissions

RSA NEWS

Christmas Raffle - Thank you to everyone for all of your generous donations towards our Christmas Raffle Hampers. Once they are all made, we will post a picture on our Facebook page. The raffle ticket books will be coming home from school, next week. Please return all counterfoils with monies, in a clearly marked, sealed envelope to school by Monday 7th December. The draw will take place on Thursday 10th December. As well as the hampers, there are some amazing prizes this year! A full list is displayed in the notice boards by both school gates.

IQ Christmas Cards - Completed orders will be returned to school by the week beginning 7th December.

Next Zoom Meeting - Thank you to everyone that attended our zoom meeting on the 19th. The next meeting will be on Thursday 17th December at 9.30 am. Joining details are below;

<https://us02web.zoom.us/j/87116679358?pwd=ZEx4a3VuQ2VLMys0L2tGMVJ3QjhtUT09>

Meeting ID: 871 1667 9358

Passcode: 808624

DATES FOR YOUR DIARY:

November

26th – Quidditch for Years 1 – 6

30th – Year 4 Roman Experience Day

December

2nd – Flu Immunisations

10th & 11th – Bikeability for Year 6 Group 1

11th – 15th – Children can bring in their Christmas Cards for their own class bubble and staff

14th – Nursery & KS1 Christmas Dinner & Christmas Jumper Day

15th – KS2 Christmas Dinner & Christmas Jumper Day

17th – RSA Meeting at 9.30am

18th – Last day of Autumn term

21st – 31st – Christmas Break

January

1st – Bank Holiday

4th – First day of the Spring Term

15th – Closing date for Reception places for September 2021

February

15th – 19th – Half Term

24th – Year 3 Home Safety Session

24th – Year 6 Cyber Safety Session

**Rolph Church of England Primary School and Nursery
Lunch Menu**

AUTUMN 2020 – WEEK 2

School lunch choices	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 (Main)	Jacket potato with cheese	Local Butcher's Pork Sausages with Mash Potato	Homemade Spaghetti Bolognaise	Local Butcher's Beef with Yorkshire pudding	Oven baked crispy fillet of fish in bubble coating (Gluten Free)
Option 2 (Vegetarian)	Fusilli Pasta with Italian style tomato sauce	Macaroni Cheese	Quorn mince Spaghetti Bolognaise	Quorn Fillet with Yorkshire pudding	Quorn Dippers
Option 3	Deli roll filled with cheese and salad Nachos	Oven baked jacket potato with cheese and beans	Ham and salad wrap with Nachos	Oven baked jacket potato with tuna	Deli roll filled with egg mayonnaise
Accompaniments	Rice Salad Fresh Salad	Green beans and rich gravy Bread	Garlic bread	Rich gravy, roast potatoes, fresh cauliflower and carrots	Crispy Chips Garden peas
Dessert or Pudding	Apple Crumble with custard	Jelly with cream	Fruit Salad	Frozen Yoghurts	Chocolate Sponge
Also available	Muller or Yeo Valley yoghurts Fresh fruit Serve yourself salad bar Fresh water or milk	Muller yoghurts Fresh fruit Serve yourself salad bar Fresh water or milk	Muller or Yeo Valley yoghurts Fresh fruit Serve yourself salad bar Fresh water or milk	Muller or Yeo Valley yoghurts Fresh fruit Serve yourself salad bar Fresh water or milk	Muller or Yeo Valley yoghurts Fresh fruit Serve yourself salad bar Fresh water or milk